



JUG OF RED WINE SANGRIA

£16.95

JUG OF CHAMPAGNE SANGRIA

£22.95

HOUSE WINES

£13.95 per bottle

Red, White and Rosé



0151 541 9980

www.lacantinacheshire.co.uk

Menu



17-19 Alforde Street, Widnes WA8 7TR

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Starters

SPECIALITY SOUP OF THE DAY £4.95
(ASK YOUR SERVER FOR DETAILS)

SCOTTISH MUSSELS £7.95

A STEAMING BOWL OF FRESHLY COOKED MUSSELS SERVED WITH GARLIC WHITE WINE CREAM SAUCE TOPPED WITH CHOPPED FRESH HERBS AND A FRESH PIECE OF LA CANTINA FLAVOURED BREAD TO DIP

WATERMELON, MINT & CHORIZO COCKTAIL £6.95

CUBES OF FRESH WATERMELON FRESHLY CHILLED COMBINED WITH SPICY PAN FRIED CHORIZO TOPPED WITH OLIVE OIL AND FRESH MINT

SMOKED HAM HOCK AND LEEK TERRINE £5.95

SMOKED HAM HOCK AND LEEK TERRINE SERVED WITH TOAST AND IN-HOUSE SWEET ONION MARMALADE

KING PRAWN COCKTAIL £6.95

A CLASSIC KING PRAWN COCKTAIL SERVED WITH FRESH CONFIT CHERRY TOMATOES, FRESH CRISP SALAD LEAVES AND TOPPED WITH A FRESH MARIE ROSE SAUCE AND PAPRIKA

CALAMARI DORE £6.95

DEEP FRIED CALAMARI RINGS SERVED WITH SALAD AND GARLIC MAYONNAISE

BABY CALAMARI £6.95

BABY SQUID WITH GARLIC WHITE WINE CREAM SAUCE AND HERBS

HALLOUMI £6.95

CHEWY PAN FRIED HALLOUMI WITH SWEET CHILLI DIP

CHICKEN LIVER PATÉ £5.95

FRESHLY MADE CHICKEN LIVER PARFAIT WITH TOAST AND IN-HOUSE SWEET ONION MARMALADE

PIMENTOS DE PADRON £6.95

BELL PEPPERS STUFFED WITH SOFT FRENCH CHEESE COATED IN BREAD CRUMBS WITH A SWEET CHILLI SAUCE

MEDITERRANEAN GOATS CHEESE ALLE PERE £7.95

BAKED GOATS CHEESE SERVED ON A BREAD CROUTON WITH SLICES OF WARM PEAR COATED IN A PEAR COULIS GARNISHED WITH MIXED DRIED FRUITS

MIXED FRITO SEAFOOD £9.95

CALAMARI, PRAWNS, MUSSELS, WHITE BAIT

KING PRAWN ALLA CANTINA £7.95

PAN FRIED GARLIC KING PRAWNS IN A CREAMY WHITE WINE SAUCE

SPANISH TOMATO SALAD £5.95

WITH GARLIC RED ONION, PARSLEY OLIVE OIL AND HOUSE DRESSING

CHORIZO SALAD £6.95

CHORIZO AND CHICKPEAS WITH HOUSE DRESSING

CHICKEN SALAD £6.95

MIXED SALAD LEAVES TOPPED WITH STRIPS OF GRILLED CHICKEN AND HOUSE DRESSING

Meat Main Course

CHICKEN CHORIZO £13.95

CHICKEN AND CHORIZO IN A CREAMY WHITE WINE AND SMOKEY PAPRIKA SAUCE

SLOW BRAISED LAMB SHOULDER £17.95

SLOW BRAISED PRIME LAMB SHOULDER SERVED ON A BED OF SWEET POTATO AND ROAST GARLIC MASH WITH A RICH RED WINE AND MINT REDUCTION

KING PRAWN LINGUINE £15.95

KING PRAWN AND SWEET PEA LINGUINE SERVED WITH WHITE WINE CREAM AND TOPPED WITH SEARED SCALLOP

MEDITERRANEAN MEATBALLS £11.95

LA CANTINA FRESHLY MADE PORK AND BEEF MEATBALLS WITH A NAPOLITANA SAUCE, SPAGHETTI TOPPED WITH FRESH SHAVED PARMESAN AND HERB OIL

MEDITERRANEAN LASAGNE £12.95

TRADITIONAL MINCED BEEF LASAGNE

PENNE A LA CANTINA £13.95

PENNE WITH PAN FRIED CURED CHORIZO, CHICKEN, MIXED PEPPERS, GARLIC AND CHILLI FLAKES COATED IN A TOMATO SAUCE, FINISHED WITH A DASH OF CREAM

AL MERLOT BEEF £16.95

AL MERLOT STRIPS OF SIRLOIN WITH MUSHROOMS, ONION, PEPPERS, PORT WINE REDUCTIONS AND SERVED WITH RICE

Fish Main Course

GRILLED SALMON FILLET £12.95

SERVED WITH AURORA SAUCE, TOMATO AND TARRAGON WITH CHOICE OF VEGETABLES OR CHIPS

GRILLED SEABASS £15.95

FILLET OF SEABASS COOKED IN A MEDITERRANEAN BROTH TOPPED WITH CHERRY TOMATOES

Vegetarian Main Course

BROCCOLI ALA BRASA £10.95

CHARGRILLED TENDER STEM BROCCOLI WITH GARLIC AND RED CHILLI DRESSING

MUSHROOM STROGANOFF £10.95

CLASSIC MUSHROOM STROGANOFF SERVED WITH RICE

La Cantina Sides

TRIPLE COOKED FRIES £2.45

SWEET POTATO & ROASTED GARLIC MASH POTATO £2.45

GREEN HOUSE SALAD £2.45

BUTTERED FRESH HOUSE VEGETABLES OF THE DAY £2.45

From the Grill

FILLET STEAK AND KING PRAWN SURF & TURF £26.95

LA CANTINA SURF AND TURF! SHELL ON KING PRAWNS COOKED IN HERB BUTTER SERVED WITH A PRIME 10oz FILLET STEAK, FRESH HOUSE BUTTER AND CONFIT CHERRY TOMATO

MEDITERRANEAN CHICKEN KEBAB £14.95

FRESHY GRILLED CHICKEN KEBAB MARINATED IN FRESH HERBS AND SPICES COOKED TO PERFECTION AND SERVED ON A LARGE FLATBREAD. SERVED WITH HUMMUS WITH A DRESSED SALAD, SERVED WITH CHIPS AND RICE

MEDITERRANEAN BEEF KEBAB £16.95

FRESHY GRILLED BEEF KEBAB MARINATED IN FRESH HERBS AND SPICES COOKED TO PERFECTION AND SERVED ON A LARGE FLATBREAD SERVED WITH HUMMUS WITH A DRESSED SALAD, SERVED WITH CHIPS AND RICE

MEDITERRANEAN MIXED KEBAB (1 OF EACH) £15.95

FRESHY GRILLED BEEF AND CHICKEN KEBAB MARINATED IN FRESH HERBS AND SPICES COOKED TO PERFECTION AND SERVED ON A LARGE FLATBREAD SERVED WITH HUMMUS WITH A DRESSED SALAD, SERVED WITH CHIPS AND RICE

CHICKEN PRINCIPESSA £13.95

PAN FRIED CHICKEN BREAST COOKED IN A MUSHROOM WHITE WINE SAUCE ACCOMPANIED WITH ASPARAGUS SPEARS

GRILLED LAMB CHOPS £16.95

GRILLED LAMB CHOPS SERVED WITH RED WINE AND ROSEMARY JUS SERVED WITH TRIPLE COOKED CHIPS OR HOUSE VEGETABLES

COCK & BULL £26.95

FRESHLY GRILLED CHICKEN BREAST AND 10oz FILLET STEAK COOKED TO YOUR LIKING SERVED IN A CREAMY WHITE WINE AND MUSHROOM SAUCE

Steaks

A SELECTION OF PRIME LOCALLY SOURCED STEAKS COOKED HOW YOU LIKE AND SERVED WITH GRILLED MUSHROOM AND SERVED WITH TRIPLE COOKED CHIPS, TOMATO AND FRESH HOUSE BUTTER - choose from:

FILLET STEAK 10oz £22.95

T-BONE 14-16oz £24.95

SIRLOIN 14oz £16.95

Then add a sauce of your liking to finish it off - £1.95

PEPPERCORN - ROSSINI - DIANE

For Little Ones

A SELECTION OF THE DISHES CAN BE PREPARED FOR YOUNGER CHILDREN - JUST ASK

FRESHLY BATTERED CHICKEN GOUJONS £5.95

SERVED WITH CHIPS

LA CANTINA SPAGHETTI & MEATBALLS £5.95

CHICKEN KEBAB £5.95

SERVED WITH CHIPS