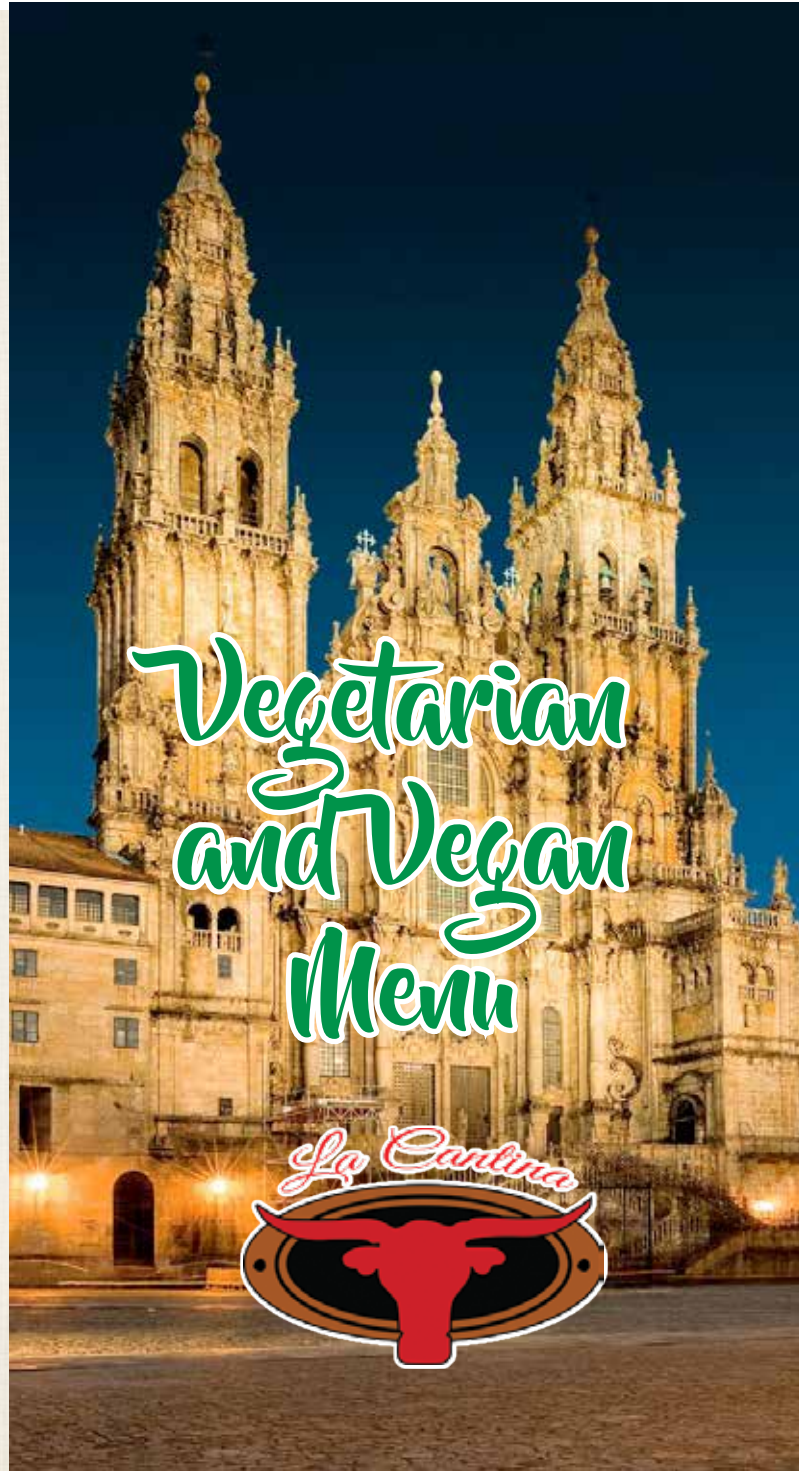




17-19 Alford Street, Widnes WA8 7TR

0151 541 9980

www.lacantinacheshire.co.uk



Vegetarian and Vegan Menu

Spanish Tomato Salad **V** 5.95

Sliced tomato and red onion, covered in a Spanish olive oil dressing

Garlic Champiñoñes **V** 4.95

Traditional garlic mushrooms

Tomato Soup **V** 4.95

Traditional Spanish potatoes topped with spicy tomato sauce

Pimientos Rellenos **V** 5.95

Stuffed Romano pimientos

Acietunas **V** 2.95

Marinated olives

Halloumi **V** 6.95

Pan fried Halloumi served with a sweet chilli dip and garnish

Garbonzos con Remolacha **V** 5.95

Chickpeas and warm beetroot salad

Verduras ala Mexicana **V** 9.95

Selection of vegetables stir fried in olive oil and a hint of chilli, served on a bed of sweet potato mash

Broccoli ala Plancha **V** 9.95

Grilled Broccoli served with a Spanish dressing and rice

Champiñoñes al Tomaté **V** 9.95

Mushrooms cooked in a tomato sauce and served with rice

Penne Arabiati **V** 9.95

Penne cooked in a spicy Italian sauce

Vegetable Kebabs **V** 9.95

Selection of grilled vegetables served with chips and a garnish

V VEGETARIAN **V** VEGAN

